

Beginning April 2022 Team Care will be a Low Back Pain Assessment Site

The Team Care Centre is working with Windsor Regional Hospital as an assessment site to the Lower Back Pain Rapid Assessment Centre (RAC). This program will offer Windsor residents an assessment site close to home.

What is the Rapid Assessment Centre?

The RAC for low back pain is to help improve the quality, access, and appropriateness of care for people with moderate to severe low back pain. This model of care will provide each patient with a prompt low back pain assessment, education, and self-management plans. It is designed to decrease frequency of unmanageable chronic low back pain, avoid opioid initiation, reduce unnecessary diagnostic imaging, unnecessary specialist referrals and emergency department visits. An Advanced Practice Lead assists with referral to injections and surgeon specialist where needed.

Who Qualifies for RAC?

The program is for patients who are over the age of 18 and have had low back pain and/or related leg symptoms (e.g., leg pain, numbness and/or tingling) for at least six weeks, but not longer than a year.

Patients with the following conditions are NOT candidates for the program:

- Long-standing low back conditions (greater than 12 months in a row of low back pain with no relief)
- Pain that is a result of an accident where the injury is covered under an insurance claim (e.g., motor vehicle accident or workplace injury)
- Pregnant or within 12 months after childbirth
- Conditions that require urgent or emergency care

Where do I send the Referral?

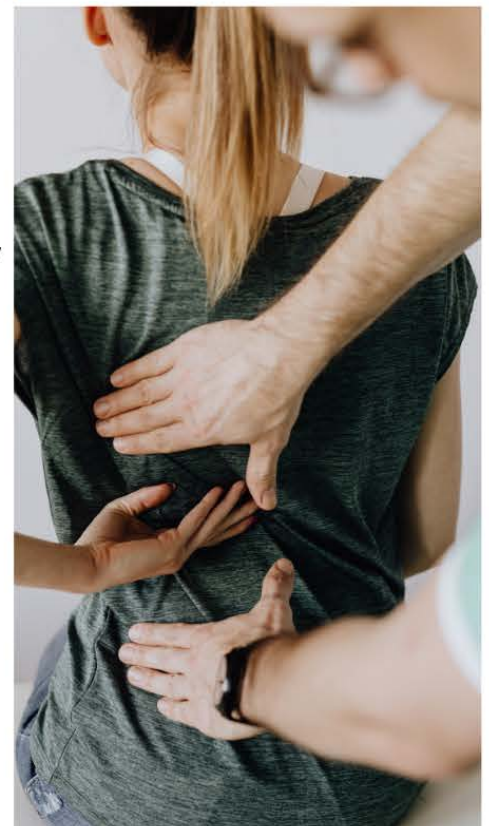
Primary Care Providers who would like to refer patients to this program can enroll today by completing a short onboarding process that includes a 15 minute physician video webinar. A referral form will be sent directly to your office email. **Please contact Lori Cunningham directly at Windsor Regional Hospital 519-255-2269.**

The Low Back Pain RAC is fully covered by OHIP

"The rapid access clinic for low back pain has been invaluable for my patients and my practice. Referring is simple and my patient's feel that they get the support they need for their low back pain issues, even if the focus is conservative management.

The clinic provides appropriate follow up which also reduces the demand on my office."

Dr. J. Vandereerden



TCC: Primary Care Providers Advisory Table

Team Care Centre is an inter-professional care team of allied health professionals working together to improve the health and wellness of individuals referred to our program by our affiliated Primary Care Providers (PCP). The TCC PCP Advisory Table has been established and is comprised of referring PCPs who will guide and support TCC practices by reviewing and updating current processes.

The PCP Advisory Table will support TCC towards the following goals:

- Maximizing patient health and psychosocial wellness,
- Creating and sustaining efficient administrative, communication and clinical processes between TCC and referring PCPs,
- Leveraging technology as appropriate to support both patient care and coordination as well as administrative functions,
- Maximizing use of Team Care Centre programs and services; and,
- Expanding and evolving services to meet current and projected client health and psychosocial needs.

We would like to introduce and thank the table's members:

- **Dr. J. Vandereerden** - Doctors of Windsor
- **Dr. B. Pignanelli** - Regional Family Health Organization
- **Dr. R. Carlini** - Windsor Medical Professionals
- **Dr. D Zajac** - WFHT Representative

Your feedback is always welcome. Please feel free to contact TCC Practice Facilitator, Diane, at any time with your comments/feedback at 519-250-5524 ext 311 or email at dquadros@windsorfht.ca. Additionally we continue to look for an individual to be the Private Practice PCP representative, if interested please contact Diane.

The Table's First meeting was held Monday January 24, 2022. Next meeting scheduled for April 25, 2022.

Physiotherapy Needs for Patients on ODSP or OW

Patients receiving OW or ODSP benefits have access to government funded physiotherapy. The patient only requires a PCP referral, their current OW/ODSP income slip and a valid Health card.

Participating OHIP funded clinics include:

Advanced Rehabilitation Centre
TEL: 519-254-2222

Uptown Physiotherapy
TEL: 519-252-2752

Grossi Physiotherapy
TEL: 519-322-5588

Note: TCC physiotherapy continues to support the non-acute rehabilitation needs of your patients. We unfortunately are unable to provide support to patients involved in open MVA claims.

Team Care - by the numbers in 2021



157 Affiliated
Primary Care Providers



1529 Referrals
in 2021

*Thank you for your
continued support.
We look forward to
working with you in 2022.*