

Help Shape our Program

As part of our continual quality improvement, we are assembling a Primary Care Provider Advisory Panel. Consisting of 4 PCPs, the aim of the panel will be to ensure that we are meeting the needs of you and your patients. Meetings will be held quarterly via Zoom for one hour to review:

- communication practices;
- improvement strategies
- program direction; and,
- general program feedback.

We respect your time, therefore panel members will be compensated per each meeting attended. Our 1st meeting will take place in October 2021. We hope you can join us!

Please email or call Diane Quadros, Team Care Practice Facilitator, for more details at dquadros@windsorfht.ca or 519-250-5524 ext. 311.

SERVICE RE-OPENING!

In-person care has resumed at the Team Care Centre, including:

**Lung Health: Spirometry
Foot Care**

All other services will now be offered to patients for their choice of:

in-person, virtual or phone appointments.

Post COVID Blues - the aftermath of a pandemic



The pandemic has caused a considerable amount of fear, worry, and concern as restrictions and shutdowns have remained in place far longer than expected. This is potentially greater for those with underlying physical and mental health conditions.

Individual coping strategies may no longer be working for those struggling, and as a result they may be feeling anxious, stressed, lonely, depressed or have turned to harmful alcohol and substance use, self-harm or suicidal behaviour.

The Team Care Centre continues to be a readily available mental health and addiction resources and support for Primary Care Practitioners to get their patients the treatment they may need. Our mental pathway provides: assessment, diagnosis and treatment in consultation with psychiatry; therapy services grounded in Cognitive Behavioral Therapy; addictions counselling and recovery programs; and, other allied health care to address patient's health and psycho-social wellness.

Most importantly there is ongoing collaboration between the patient, their primary care provider, and the "Team" with the aim of supporting PCPs to remain at the centre of their patient's care at all times!

What's New at the Team Care Centre:

Team Care is Live on Ocean

The Team Care Centre is excited to announce that we are now a receiver site for Ocean eReferrals. All affiliated primary care providers of Team Care are encouraged to begin using the Ocean portal for referrals and experience the benefits this system yields for providers and their patients. If you have any questions please call Diane at 519-250-5524 ext. 311.

New Team Care Referral Form

With feedback from referring physicians, Team Care has updated its referral form to make it easier for you and your staff. Both fax and EMR forms (for PS suites and Oscar) can be downloaded directly from our website at: windsorfht.ca/provider-resources/

Accuro referral forms can be easily downloaded from the Accuro portal (search "Windsor Team Care Centre - Referral Form v5". Keyword search "TCC").

New Website Resources

Team Care have added a section dedicated to you, our partner providers. This page provides an explanation of how our program works as well as easy downloads of our referral form, access to our newsletter and other resources to support you and your practice. A patient's page has also been added with information to help initiate their care and connect them to services and resources.

Bookmark our page and check back regularly for information to assist you and your clients:
windsorfht.ca/about-team-care-centre/

Outpatient Addiction Services: One Team Recovery



In addition to one-to-one addictions counselling services, the Team Care Centre also provides the One Team Recovery Outpatient Substance Abuse Program (OTR). Funded in part by the Windsor-Essex Community Foundation, OTR was designed for individuals who are able to function in their daily lives, but need a flexible treatment program to help them address their substance use.

OTR is a five-week program with clients attending two half-day sessions weekly. The program is delivered in five program cycles annually and also includes access to Aftercare and Friends & Family programs.

The next scheduled OTR session is **August 31, 2021**. Being a low barrier service, please feel free to refer your patients or inform them that they can self-refer directly into the OTR program.

OTR is a partnership between the Windsor Family Health Team, Windsor-Essex Community Health Centre (weCHC), Essex County Nurse Practitioner Led Clinic and Family Services Windsor-Essex.